

City of Lawrence
Outside Agency
Bi-annual Report
2016

Reports on activity should be submitted electronically to Danielle Buschkoetter, at dbuschkoetter@lawrenceks.org. Reports on activities from January 2016 to June 2016 are due on July 15th 2016. Cumulative reports on activities from January 2016 through December 2016 are due on February 15th 2017.

Agency Name: DCCCA – First Step at Lake View

Reporting Period (please check one):

☒ January - June
(deadline July 15)

☐ January – December
(deadline February 15)

1. Give a brief narrative of the activities that were funded with City funds over the reporting period checked above.

First Step at Lake View provided a continuum of substance use disorder treatment services for 271 women and 16 children in this report period. Our comprehensive approach to treatment included residential, intensive outpatient and outpatient modalities; coordination with physical health, mental health, housing, and employment services; parenting and well-child services; technology based, self-directed recovery tools; and connections to ongoing community based support systems.

2. Provide specific detail (and supportive documents, if needed) to demonstrate progress made toward your goals/objectives.

Goal/Objective	Target	Six Month Actual
Number of women served	400	271
Number of children served	50	16
% of women who are uninsured	50%	64%
Women will report a decrease in alcohol use at service completion	90%	79%
Women will report a decrease in drug use at service completion	90%	90%
Women will have safe, supportive living conditions at service completion	80%	96%
Women will be employed at service completion	75%	43%
Women will successfully complete services	50%	54%

3. How have you impacted the citizens of Lawrence?

Access to affordable, timely and quality treatment services is critical to a community's health. Sixty-four percent of the women served at First Step are uninsured, meaning they would be unable to access needed help without funding from the City of Lawrence. Substance use negatively impacts work productivity, quality of life and family functioning. It results in increased healthcare, law enforcement, and social service costs. Treatment and recovery, on the other hand, are associated with dramatic improvements in those areas, as well as higher civic engagement, decreases in public health and safety risks, and significant increases in employment.

The majority of women leaving First Step at Lake View report their family relationships, legal situation, mental health, and physical health are better having participated in this treatment program. First Step's

licensed child care and family focused approach offer women a unique opportunity to not only enhance their parenting skills, but also address challenges their children face as the family enters recovery together. Their treatment experience encourages and supports long term recovery, giving them a greater chance of being a productive member of our community.

4. What barriers, if any, have you encountered?

Abstinence outcome performance remained consistent from prior years, however not yet at target. Ongoing case reviews reflect a client population with extensive physical and mental health needs, multiple substance use (versus primarily alcohol), and significant trauma histories. The First Step team is continually working to enhance or modify treatment interventions to effectively address the increased severity of needs presented by our clients. The addition of a contract psychiatrist who is experienced with Medication Assisted Treatment is a new strategy to engage women differently, and offer immediate medical alternatives that reduce cravings and support treatment engagement.

Meaningful employment remains a challenging goal in this economic environment, particularly for those who have a history of homelessness, chronic illness, poverty and limited education. A few local employers, primarily in the food service industry and Berry Plastics, work collaboratively with First Step's Case Manager, but those jobs are usually part time and temporary. We continue to seek partners who need employees, understand the challenges our women face early in recovery, and offer flexible hours that allow them to care for their children.

5. Review the line-item budget you provided in your application. How much of your allocation has been spent?

DCCCA manages our City allocation closely, ensuring sufficient funding for client services throughout the entire funding year. We have spent 50% of the allocation through June 30, 2016.